



# AN UNFORGETTABLE STAY

Enjoy a unique experience

Experience eco-friendly  
Arles: nature, culture  
and respect for the  
environment.

YOUR  
GREAT  
ESCAPE



ARLES AND THE  
SURROUNDING  
AREA

# ECO-FRIENDLY TRANSPORT & CITY TOURS

## **Taco & Co - Bike-Taxis & City Rides**

Taco & Co takes you around Arles on their “bike-tacos,” letting you move easily through the city while respecting the environment. For a fun and original way to explore Arles—alone, with family, or with friends—Taco & Co offers guided tourist routes to discover the city from a new perspective.



## **Hopla - Free Electric Bike Shuttle in Arles**

Hopla! is a two-seater tricycle shuttle that departs every 10 minutes from Clemenceau. Painted bright red, the shuttle will drop you off anywhere you like within Arles' historic center, inside the city walls—completely free of charge.



# COMMITTED RESTAURANTS !



## LA MEUNERIE

Restaurant moderne et convivial.  
Une ambiance chaleureuse et une  
cuisine "fait maison" et à base de  
produits frais et locaux.  
Privatisation et Salle ...



9.3

Excellent

📍 Allée Du colonel Beltrame  
Shopping Promenade  
13200 Arles



## MAS DE PEINT

En plein cœur de la Camargue  
sauvage et secrète.



9.3

Excellent

📍 Le Sambuc  
RD 36  
13200 Arles



## LA CHASSAGNETTE

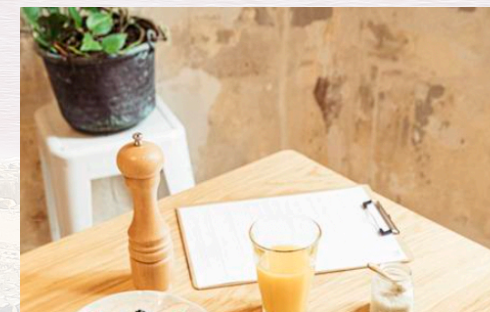
Restaurant étoilé au service d'un  
potager au cœur de la Camargue.



9.2

Excellent

📍 Mas de La Chassagnette  
Route Du Sambuc  
13200 Arles



## MAZETTE !

Découvrez Mazette, le coffee shop  
Ecotable, macaron à l'appui !  
Brunchs tous les jours, assiettes  
végétariennes à midi, burgers le  
mercredi...De...



9.2

Excellent

📍 8, place Antonelle  
13200 Arles

HERE, YOU EAT WELL, BEAUTIFULLY, AND RESPONSIBLY !

# NATURE & BIODIVERSITY ACTIVITIES

🌿 The Camargue Regional Nature Park offers 14 discovery routes (on foot, by bike, or by car), available for download or in a booklet at the Tourist Office: [parc-camargue.fr](http://parc-camargue.fr) :

- La Digue à la Mer
- Albaron Marshes in Saliers
- Path of the Bulls and Vineyards
- From Arles to the Étang du Vaccarès
- Camargue Horse and Rice Circuit
- Between Bac du Sauvage and Cacharel (Saintes-Maries-de-la-Mer)
- Draille de Méjanès (1-day hike) [parc-camargue.frprovence-pays-arles.com](http://parc-camargue.frprovence-pays-arles.com)
- Tour of Étang du Vaccarès (2 days)
- Flamingos and Salt Circuit, etc.

**La Camargue**  
14 circuits pour découvrir le Parc naturel régional

**14 itinéraires découverte**

Mer Méditerranée

Le Parc naturel régional de Camargue, créé en 1970, couvre un territoire de 100 000 ha sur les 3 communes d'Arles, des Saintes-Maries-de-la-Mer et de Port-Saint-Louis-du-Rhône et compte 10 000 habitants. Sa mission principale est de concilier le développement des activités humaines avec la préservation de la nature. Le Parc œuvre en faveur d'un tourisme « responsable » en accompagnant les professionnels de tourisme dans des démarches qualifiées (Marque Parc, Chartre européenne de tourisme durable...) et en offrant les touristes à utiliser des moyens de transport alternatifs à la voiture.

Les circuits proposés vous permettront de découvrir toute la diversité des paysages de la Camargue. De la vigne au nord aux plages du sud, en passant par les salineries et les marais salants, partez à la rencontre des emblèmes de la Camargue qui sont le flamant rose, le saureau et le cheval Camargue. Profitez de votre visite en gardant à l'esprit que la préservation de la beauté de ce territoire vous appartient aussi.

	1	2	3	4	5	6	7	8	9	10	11	12	13	14
VTT	2h30 - 4h	1h30 - 3h	3h - 4h	2h30 - 4h	3h - 4h	2h30 - 4h	3h - 4h	2 jours	3h30 - 5h	0h30 - 1h	1h30 - 3h	1h	3h - 4h	4h - 7h
VTC	2h30 - 4h	1h30 - 3h	3h - 4h	2h30 - 4h	3h - 4h	2h30 - 4h	3h - 4h	2 jours	3h30 - 5h	0h30 - 1h	1h30 - 3h	1h	3h - 4h	4h - 7h
Vélo		1h30 - 3h	3h - 4h		3h - 4h	2h30 - 4h				0h30 - 1h	1h30 - 3h			
Voiture		1h	1h30 - 2h		1h - 1h30	1h30						0h20		
A pied	4h - 5h						6h - 7h		5h - 6h	1h30	3h - 4h	2h		



# VIGUEIRAT MARSHES NATURE RESERVE

## **A Privileged Visit in the Heart of the Sanctuary :**

The nature reserve is accessible only through guided tours. Throughout the year, our naturalist guides lead visitors along a trail with several observation points, revealing the rich diversity of birds across the seasons. Whether you are an ornithologist, naturalist, wildlife photographer, or simply a nature enthusiast, these tours are made for you!

## **Full-Day Hike :**

Spend a full day exploring the sanctuary of the nature reserve. On a 5 km walking route, a naturalist guide will introduce you to the variety of landscapes that make up the Camargue (marshes, ponds, salt flats), and you will cross the largest protected reedbed in the Camargue.



# PONT-DE-GAU ORNITHOLOGICAL PARK SAINTES-MARIES-DE-LA- MER

The **Pont-de-Gau Ornithological Park** is the perfect place to discover, observe, and photograph a wide variety of bird species, including hundreds of pink flamingos, in their natural habitat. Ponds, marshes, lawns, small channels, reedbeds, and salt flats make up this 60-hectare park entirely dedicated to exploring Camargue's nature and birdlife. Along the park's trails—where only the birdsong breaks the silence—you can observe birds up close as if they barely notice you.

Visits can be guided or self-guided.





# SCAMANDRE REGIONAL NATURE RESERVE CAMARGUE IN THE GARD

The Scamandre Discovery Centre was set up to manage visitor facilities within the Scamandre Regional Nature Reserve.

The Scamandre Centre offers several circular walks (the longest being 4 km). Junction points between the trails allow visitors to tailor their walk to the time they have available and choose a route based on their interests. The boardwalk trail (1 km), created as part of the European Life Butor programme, offers the chance to walk through the heart of the marshes and reach three observation and listening points. A large picnic area and toilet facilities are available during the site's opening hours.

**Visitors must leave the site by 6.00 pm (AUTOMATIC CLOSURE OF THE CAR PARK).**

**Des sentiers de découverte**

Soirées à thèmes      Expositions

Animations pédagogiques      Visites guidées

Ouverture des sentiers du mardi au samedi (fermé les jours fériés) de 9h00 à 18h00

L'accès aux sentiers est réglementé, merci de vous présenter à l'accueil.

Renseignements au 06 29 27 46 07

# LUMA - ARLES

LUMA Arles is a leading centre for contemporary art that skilfully combines cutting-edge architecture, environmental sustainability and a rich cultural programme. It is a fine example of eco-friendly initiatives combined with art, perfectly in line with your interest in nature and birds.

## **Free self-guided tour:**

- The Tower designed by Frank Gehry, the indoor slides, the panoramic terraces and the landscaped park are open from Wednesday to Sunday, 10am to 6pm (the park is open from 7am to 6.30pm). No booking is required for these areas.

## **Temporary exhibitions:**

- Housed in the Grande Halle, Les Forges and La Mécanique Générale, these are accessible with a paid ticket (€9 in low season, €15 in high season). Concessionary rates are available for young people, people with reduced mobility and those receiving social security benefits.

## **Guided tours:**

- Available from Wednesday to Sunday, tours of the Tower and the park take place at 11am, whilst tours of the exhibitions start at 2.30pm. Prices range from €13 to €19 depending on the season. Online booking is recommended to secure your place.

## **Sustainable dining:**

*The site is home to several restaurants committed to sustainability:*

- Le Réfectoire offers brasserie-style cuisine featuring local and seasonal produce in a friendly atmosphere.
- Drum Café serves creative cuisine blending local and international influences in an immersive artistic setting.
- Terrasse des Forges offers street food for a quick bite, using high-quality ingredients.



# THE ARLES MARKET

The Arles Market, one of the largest markets in Provence, stretches for almost 2 km every **Saturday morning**, with a smaller market held on **Wednesday morning**. A wide range of fresh and regional produce is on offer, as well as clothing and handcrafted goods.

Regional specialities include Camargue rice, olive oil, Arles sausage and tellines.

📍 **Saturday:** Boulevard des Lices, Boulevard Georges Clémenceau and Boulevard Émile Combes

📍 **Wednesday:** Boulevard Émile Combes





# SUSTAINABLE AGRICULTURAL ESTATES

**Domaine de Beaujeu:** Spanning 300 hectares, Domaine de Beaujeu has been practising organic farming since 1974. Producing wine, rice and cereals, their mixed farming approach is environmentally friendly. Tasting sessions and sales of rice and wine are available in their shop.

**Mas de Valériole:** Mas de Valériole is an organic wine and rice estate offering wine tastings. These tastings take place in their authentic Camargue farmhouse, with the option to stroll around the estate.

**Domaine du Mas de Rey:** With over 110 hectares of vineyards, Domaine du Mas de Rey is an independent winegrower, working with environmentally friendly methods. Tastings are available on their estate. Tastings for groups of fewer than 6 people are free and do not require a booking.

**And many more besides...**








# LE MAS EN PROVENCE

Mas in Provence is an organic essential oil producer and distiller. They offer guided tours to explore their aromatic plant fields, their distillery, and the processes used to make their organic essential oils. Using traditional methods—including a high-quality steam still for distillation—they follow a sustainable, environmentally friendly approach.

In summer, visitors can participate in various workshops, such as harvesting and distillation or lavender spindle workshops. Other workshops are offered throughout the year, including DIY cosmetics, personalized perfume creation, or lavender mist-making, all using natural products.

**Participation in workshops is by reservation.**

 <p><b>Atelier Cueillette et distillation</b></p> <p>Participez à la cueillette des fleurs à la faucille et à leur distillation à l'alambic.</p> <p>Durée 2h30    Tarif 30€</p> <p><a href="#">Voir les dates</a></p>	 <p><b>Atelier Fuseau de Lavande</b></p> <p>Vous découvrirez comment tisser les fleurs pour fabriquer cet objet artisanal parfumé.</p> <p>Durée 1h30    Tarif 25€</p> <p><a href="#">Voir les dates</a></p>	 <p><b>Atelier Brume à la lavande</b></p> <p>Créez votre brume parfumée et naturelle à la Lavande et au Lavandin bio.</p> <p>Durée 30m    Tarif 15€</p> <p><a href="#">Voir les dates</a></p>
 <p><b>Atelier DIY cosmétique</b></p> <p>Vous découvrirez comment créer vos produits cosmétiques naturels (crèmes, savons etc.).</p> <p>Durée 1h    Tarif 25€</p> <p><a href="#">Voir les dates</a></p>	 <p><b>Atelier Parfum personnalisé</b></p> <p>Vous découvrirez l'Histoire des parfums et apprendrez à créer votre fragrance sur-mesure.</p> <p>Durée 2h    Tarif 40€</p> <p><a href="#">Voir les dates</a></p>	

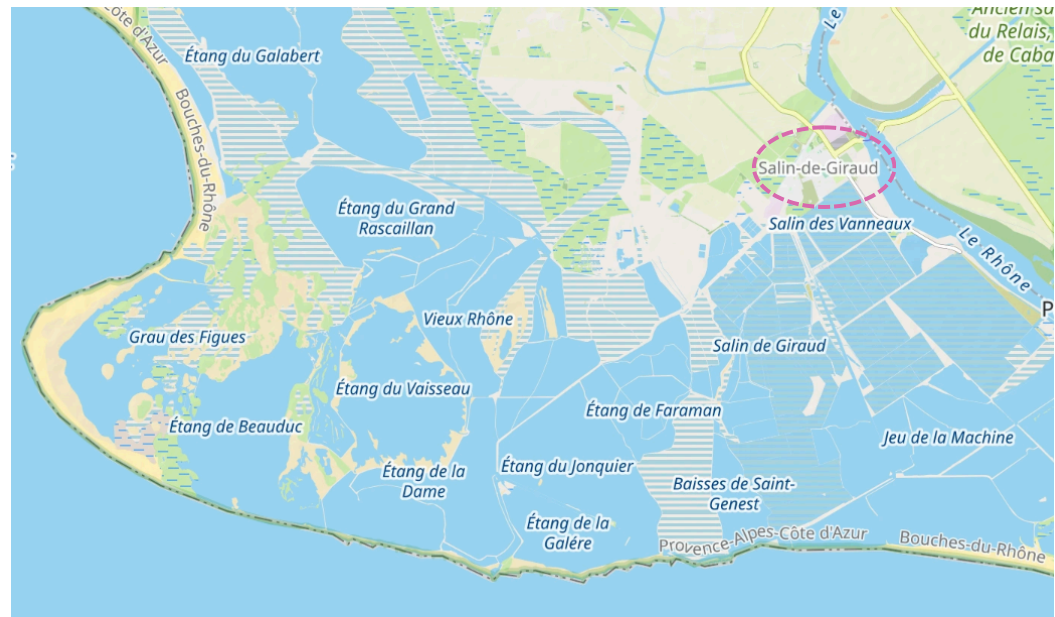


# SALIN-DE-GIRAUD

The Salin de Giraud is one of the largest salt flats in France. You can explore the site on foot, by bike, or by car along routes that take you deep into the heart of the salt flats. During your visit, you'll also discover a rich biodiversity, right in the middle of the wild Camargue.

The salt flats support a variety of small species, which in turn attract many birds, including flamingos.

Nearby, you'll find the wild beaches of Piémanson and Beauduc, each stretching about seven kilometers.





# LES ALPILLES

**The Alpilles Regional Nature Park** offers the chance to discover exceptional natural heritage, with its flora and fauna carefully protected. The region's plant life is rich thanks to its limestone soil, abundant sunlight, and the Mistral wind. You may encounter rosemary, laurel, immortelle, thyme, and cistus. Much of the Alpilles is dedicated to olive cultivation.

Visitors can explore the Alpilles massif via numerous hiking and cycling trails. Over 20 routes are available for all levels, with durations ranging from 1 to 6 hours, which can be found on the park's website. Many outdoor activities are also offered, including climbing, canoeing, paragliding, horseback riding, and more.

**As a protected site, hiking is regulated, so it is important to check the fire risk level before setting out.**